NORTHUMBERLAND HILLS HOSPITAL

Auxiliary News

HAAO Conference



The Hospital Auxiliaries Association of Ontario, Central East Branch, holds a Conference every spring. There are eleven hospitals in our region and each year one of the Auxiliaries is chosen to host the conference and volunteers from all the other 10 hospitals are invited. This year, 2018, was our turn. After much board discussion on themes, locations and general formats a committee was struck, chaired by Gayle Metson, and the daunting task began. First, after much research, it was decided that Dalewood offered the space and ambiance that we needed. Then we had to come up with a theme and find speakers. We had to create breakfast and lunch menus, plan and rustle up donations for gift bags, order table centres and figure out how to creatively entertain the potential 120 volunteers in attendance. The usual format at these conferences has been to

split people up for workshops. We decided instead have two speakers on topical health related themes that complemented our theme: Because We Care. Spoiler alert: It all worked perfectly!

It started at 9:00 with registration and breakfast then Tracey Lear, HAAO Central East Region Chair, called the meeting to order and the day began. Auxiliary President Pat Page Hoisak, NHH President and CEO Linda Davis and Mark Lovshin, Reeve of the County brought greetings.

Our first speaker was former NHH staff member, Scott Pepin, who talked about the current need for diagnosis and speedy access for Mental Health support. Scott was followed by HAAO President Dorothy Friske and her executive message and then it was lunch.

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Presidents & Directors

Marg Hilborn President

Selena Forsyth Vice President

Pat Page Hoisak Past President

Richard Holland Director of Finance

Marilyn Chapin Director of Ambulatory Care

Anne Luken Director of Inpatient & Patient Support Services

Brenda Worsnop Director of Volunteers

Selena Forsyth Acting Director PR & Communications

Coordinators & Treasurers

Judy Bournier Sally Duncan **Dianne Zweerink Dale Hodge Elaine West** Linda Sedgwick-Girard Marg Godawa **Yvonne Green Bonnie Greer Dorothy Lowe** Carol Johns **Catherine Jolie** Virginia Mitchell Virginia Tetz Lorrie Phipps Joan Zylka **Carmel Murphy Gayle Metson Diana Joynt Kris Rennie** Maria Widdifield Linda Smith Lois Hodgens Marilyn Chapin Paul Raven **Heather Milroy** Pat Paige Hoisak **Ruth Markle** Margaret Darrah Bryan MacPherson Sandy Ward

President's Report

Last month, at our inaugural Auxiliary Board meeting, I looked around the table and felt inspired and proud. Seated around the table with me was a large group of men and women: our coordinators and directors. We are all there with a common purpose: to assist staff and the patients who come through the doors of Northumberland Hills Hospital.

Some of our team of Directors are seasoned: Pat Page Hoisak, Selena Forsyth, Brenda Worsnop, Marilyn Chapin, and others are new: Anne Luken and Richard Holland., and we were joined by coordinators from the many service areas at NHH. Currently we are a couple of directors short but hope to be able to fill those spots in the near future. All of our members have differing backgrounds and family situations but regardless of that, the tie that binds is our common desire to make a difference by helping others. What a great strength.

Our organization is made strong through the support and appreciation shown to us by the Hospital staff at all levels. It is a terrific place to volunteer. Our rewards are many, but a few I would like to mention here are the thank yous from families, smiles from patients and the knowledge that our efforts are valued and that we are needed. I think many of you may often have the same feeling as I do when heading out the door after a shift: the feelings of a happy heart and personal inspiration.

It is also inspiring to see more men joining the NHH Auxiliary ranks. The more the merrier I say! If you know any men who are looking for a way to give back to our community in a rewarding way please encourage them to contact the Auxiliary office and leave a message: 905-372-6811 ext. 4630. We have spots available in several areas including the Front Desk.

As always, the next year will be busy. We are looking forward to our 95th Anniversary celebration this fall and I am pleased to share that past President Gayle Metson will be chairing the committee to celebrate this milestone.

I am happy to announce that once again the Auxiliary will be selling chrysanthemums at the end of the summer. We are very grateful to Bill Patchett for sharing this popular fund-raising event with us. The sale will be held the last week of August and first three weeks of September. Volunteers needed! The sign-up sheet is in the Little Treasure Shop.

Have a wonderful summer and enjoy time with family and friends. I hope you are feeling inspired, as am I, by others with whom you volunteer and the people you help in whatever your area at NHH. As the Northumberland community grows with transplants from other areas of the province, I hope we can inspire some of them to join the ranks of our awesome Auxiliary.

Marg Hilborn

President, NHH Auxiliary

Our afternoon speaker was The Reverend Ann Veyvara Divinski, President of the Saugeen Memorial Hospital Auxiliary, an Ordained Minister, Chaplain to the Oncology Department at Grey Bruce Health Services in Owen Sound and Operations Manager of PRANCE, the Pegasus Riding Association Nurturing Challenged Equestrians. She was pretty amazing and kept everyone laughing while urging us to continue our good work in supporting others and, in the process of sharing personal interactions, doing something positive for our own well-being.

There was some 'HAAO business' in between, a racy, quick-change model from Petticoat Lane, all ending with closing remarks from Tracey and Pat. Comment Cards were received from over 80% of the attendees and they were unanimous in their praise of the venue, the speakers, the food and the gift bags! Thanks to Linda Smith and her group for the room set up and for greeting our guests at the door, to Selena Forsyth for arranging for the flowers at each table, to Brenda Worsnop and Marg Hilborn for the audio-visual set up, and to Marilyn Chapin for finding and collecting the Northumberland County-themed gifts for the bags that our guests received at the end of the conference. Everyone contributed to a very successful first try at organizing a conference! That's Because We Care!

Annual General Meeting

Our 2017-2018 year came to an end on May 29th with our Annual General Meeting. Greetings were brought on behalf of the NHH Foundation by Chair, Tyler Hathway, and by Linda Davis, President and CEO of our hospital, who spoke of the important role our volunteers play in ensuring a positive experience for patients as well as raising funds for needed equipment. She spoke of two new services that are currently being piloted: An Information/Welcome Desk on 2B for newly admitted patients and a Real Time Satisfaction Survey for patients on 2B and in the Emergency Department. The survey will be conducted by Gayle Metson and Pat Page Hoisak.

Our new Finance Director, Richard Holland announced that our fundraising goal for 2018-2019 will be \$170,000. President Pat Page Hoisak and Vice-President Marg Hilborn presented a cheque for \$200,000 to Linda Davis on behalf of the Auxiliary, funds raised by our Volunteers in the Little Treasure Shop, Petticoat Lane, HELPP Lottery, Bridge Group, and the Crafters.

Marilyn McMillan, a retired Auxiliary member in good standing, was invited to install our new and continuing Auxiliary Board members. President Marg Hilborn announced the new and continuing Coordinators and

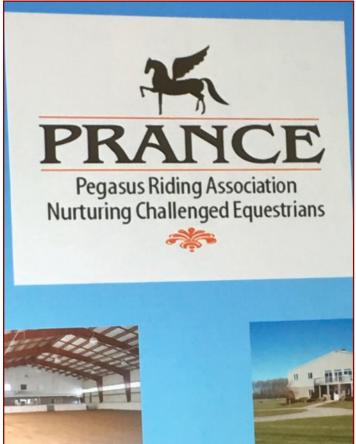


Treasurers. We are pleased to welcome former members taking new positions: Marg Hilborn, President, Selena Forsyth, Vice President and new members Richard Holland, Director of Finance and Anne Luken, Director of Inpatient and Patient Support Services. Anne replaces Amy Penny who, after 3 years in this position, has new goals to pursue. We wish her well. We also welcome new Coordinators: Margaret Darragh (CT/MRI), Ruth Markle (Inpatient Rehab/Restorative Care), Kara Besson (Recording Secretary) and Sandy Ward (Med/Surg and Information Desk).

Pat Page Hoisak Past President







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LTS Fashion Show

Volunteers from The Little Treasure Shop under the guidance of coordinators: Linda Sedgwick Girard and Dale Hodge organized a Fashion Show in Linda 's garden on July 11. They introduced their new clothing line Rapz which is a Canadian company. They offer elegant and stylishly fashioned clothing perfect for the beach, cruising, shopping, weddings or that special evening out. We also featured our own purses, jewelry,

cover ups and nightwear.

All our models were volunteers and were extremely professional. Wine and hors d'oeuvres were served to our sixty guests.

Many thanks to those who supported our venture. We are pleased to report that the revenue generated for the Auxiliary from this event is \$2000.00.



Linda Sedgwick Girard

Seniors' Day



June is Seniors' Month in Ontario and to celebrate, on Thursday, June 28th, Northumberland Hill Hospital joined together with many of the community partners who support seniors and caregivers in our region to host a Seniors' Community Resource Walk and Fair. Sarah Gibbens, Geriatric Emergency Management Nurse at Northumberland Hills Hospital, organized what turned out to be a very successful Seniors' Month event.

The event began with a stroll around the hospital's walking path to demonstrate the collective strength of our community resources and partnerships and the benefits of staying active, and ended in the Education

Centre for the Community Resource Fair. In addition to selected NHH services and health professionals, community teams represented at the Fair included Bridge Hospice, Community Care Northumberland, Safe Communities Northumberland County and others.

The Northumberland Hills Hospital Auxiliary booth was staffed by Judy Bournier, Brenda Worsnop and Richard Holland. Our immediate neighbours were the Central East LHIN Home and Community Care Services (formerly known as CCAC, Community Care Access Centre) and Alderville Health and Social Services. Useful connections were made with these partners and other participants.

Richard Holland

Director of Finance

Volunteering at NHH

Mission Statement: The Auxiliary assists the Northumberland Hills Hospital (NHH) in providing effective, compassionate, patient-centered care in an environment that promotes the dignity and well-being of all.

Here's the picture: The NHH Auxiliary is one of the best and hardest working in the region, but it still needs your help to keep up the momentum. It's a big organization, and it is seeking people like you to help provide the leadership a big organization needs. There are important positions vacant – positions that are crucial for keeping our work on-track, and our patients well-served.

In short, the Auxiliary is looking for people to step into leadership roles within the organization, to help recruit volunteers, and to encourage others to provide leadership or to consider leadership as a next step.

Have you considered taking on one of these vacant positions? Are you up to the challenge for the Auxiliary? You would probably find the experience rewarding in more ways than one.

Right now the Auxiliary has the following vacancies with training and guidance:

- Director PR and Communications. Skill set: good communication and writing skills.
- Director Business Services. Skill set: good organizational and people skills with some retail knowledge.
- Coordinator H.E.L.P.P. Lottery. Skill set: good organizational and communication skills.

Here's a list of people in the Auxiliary you could contact to talk about your own next step:

- Your service area Coordinator,
- Your service area Director,
- The Director of Volunteers, or
- The Auxiliary President.

Just look at what is available – so much to choose from:

Ambulatory Care:

- o Cardiology
- o Cancer and Supportive Care
- o Day Surgery
- o Diagnostic Imaging CT/MRI
- o Diagnostic Imaging Women's Health
- o Emergency Department/ Pre-Op Clinic

Inpatient Care / Program Support:

- Help Desk
- Hospital Elder Life Program (H.E.L.P.)
- Inquiry Desk
- Medical Surgical /Maternal Child Care
- Medical Surgical Information Desk
- Palliative Care
- Rehab / Restorative Care

Other Opportunities:

- Coordinator positions (Leadership)
- Committee work / fundraising events
- Crafters
- Executive positions (Leadership)
- H.E.L.P.P. Lottery
- Human Resources
- Public Relations and Internal Communication
- Little Treasure Shop (Retail)
- Petticoat Lane (Retail)
- Treasurers of fundraising (Retail Areas)
- Vending Machines
- Recording Secretary

Coming Events

Mums Plant Sale: August 24 to September 22.

Board Meetings: September 19th, 10:00 a.m. November 21st, 10:00 a.m.

95th Anniversary of the Auxiliary: November 30th

50th Anniversary of Petticoat Lane: December 6th.



Lorrie Phipps is asking if anyone has two or three book shelves approximately 6 feet high with a depth of 12" for the front of the store, hopefully matching, that they would like to donate to Petticoat Lane. If anyone can help with this please get in touch with Lorrie at the shop: 905-372-9002.